



# **RIDE** FOR **CHANGE** 2010

a **LEISURELY** cycle  
from **PERTH** to **FREO**  
to support the  
**WALK AGAINST WARMING**  
and meaningful **ACTION** on **CLIMATE CHANGE**

**START: 10AM - PERTH CULTURAL CENTRE - NORTHBRIDGE - 15 AUGUST**  
**ALL AGES - ALL CYCLES - ALL FITNESS LEVELS!**

# RIDE FOR CHANGE 2010 ESSENTIALS

- **Estimated departure from PICA/Alexander Library, Perth Cultural Centre: 10.05am**
- **Estimated arrival in Fremantle: 11.20-30am (followed by victory lap through the town centre)**
- **Estimated arrival Esplanade Park: 11.45-11.50am.**
- **Walk Against Warming Start: 12 Midday.**

## What to bring

- Helmet
- Water bottle and snack
- Bike lock for use at destination
- Smartrider/change for train (as back-up and for return journey)
- Bright clothing
- Bike bell

## Other tips

- Check bike now for flat tyres, brakes not working.
- Eat breakfast and make sure you are hydrated before you start.
- Consider the weather: bring suncream and a hat for the beginning and end of the ride.

## To join the ride between Perth and Fremantle we suggest:

- Subiaco - where the City to Fremantle Principle Shared Path (PSP) passes by the intersection of Rokeby Road and Roberts Road (i.e. train station end of Rokeby Rd). ETA 10.35
- Anywhere along the City-Fremantle PSP as it runs along the western (coastal) side of the Perth-Fremantle Train Line between Subiaco and Grant Street Train Station.
- After Grant Street, we will be cutting through Cottesloe and (probably) taking the coastal path as far as Leighton Beach before entering Fremantle on the path over the Old Traffic Bridge and into central Fremantle via Elder Place (the road that runs along closest to the train tracks/harbour).